

**Q:** Where do I go for the program?

**A:** Back on Track is offered by community service providers in a variety of locations across the province of Ontario. Contact information will be included in your registration package.

**Q:** What if I don't speak or understand English very well?

**A:** Program materials are available in English or French. If you have difficulty reading or speaking English or French, please tell us when you register. You will need to bring a translator or helper to the program.

**Q:** What if I need help with reading, or I have difficulty hearing?

**A:** If you have any special needs that may make it difficult for you to participate in the program, please tell the staff when you register. You will need to bring a translator or helper to the program.

**Q:** How will I get to the program?

**A:** You will need to make your own transportation arrangements. Most people use public transit if it is available, or have a friend or family member drive them. You must be on time for appointments, and attend sessions as scheduled, or you will fail the course.

**Please note:** If you do not complete all components of the Back on Track program within your suspension period, your licence will be further suspended. Your insurance company might factor in the length of the suspension when writing your policy and, as a result, may further increase your premiums over any increases related to your impaired driving conviction.

**For more information on Back on Track, Ontario's Remedial Measures Program for Impaired Drivers, or to register, please contact:**

Tel.: 416-595-6593  
(in Toronto)  
Ontario Toll-Free: 1-888-814-5831  
E-mail: info@remedial.net  
Internet: www.remedial.net  
Mail: Back on Track  
33 Russell Street  
Toronto, ON M5S 2S1



*Disponible en français*

**Impaired Driving Consequences**

Impaired driving consequences mandatory under the Highway Traffic Act (HTA) and *minimum* penalties under the Criminal Code (CC) by first and subsequent offences.

1st	HTA	1 year licence suspension Remedial measures requirement Minimum 1 year ignition interlock licence condition on reinstatement of driver's licence*
	CC	1 year driving prohibition \$600 fine
2nd	HTA	3 year licence suspension Remedial measures requirement Minimum 3 year ignition interlock licence condition on reinstatement of driver's licence*
	CC	2 year driving prohibition 14 day jail sentence
3rd	HTA	Lifetime licence suspension (reducible to 10 years if certain conditions are met)
	CC	3 year driving prohibition 90 day jail sentence
4th+	HTA	Lifetime licence suspension
	CC	Same as third offense

\*Drivers convicted of an impaired driving offence committed on or after December 23, 2001 are subject to ignition interlock requirements. For more information about ignition interlock, please contact the Ministry of Transportation of Ontario at 1-800-387-3445 or 416-235-2999. For installation, please call Guardian Interlock Systems at 1-866-OK-TO-DRIVE or 1-866-658-6374.

**back on track**

Ontario's Remedial Measures Program for Impaired Drivers

For more information contact:

**In Toronto 416-595-6593**

**Ontario toll-free 1-888-814-5831**



## About the Remedial Measures Program

For offences that take place on or after September 30, 1998, the Highway Traffic Act requires convicted impaired drivers to successfully complete Back on Track, Ontario's Remedial Measures Program, before their licences can be reinstated. Participants must pay a fee of \$475 (plus GST) to cover the costs of the program.

If you are convicted of a drinking and driving offence, you will receive a suspension notice from the Ministry of Transportation of Ontario (MTO). The notice includes your remedial requirement and the length of your licence suspension.

You should register for Back on Track as soon as possible after you receive your suspension notice. This will help you avoid delays in having your licence reinstated. It can take 11 months to complete all program requirements. The program requirements are: assessment, education/treatment and a six-month follow-up interview. All program components must be completed before your licence can be reinstated.

## Back on Track: Program Components

### Assessment

The assessment takes about one hour. Based on the results, you will be referred to either the education or the treatment program.

### Education Program

The education program helps you learn about:

- how alcohol and other drugs affect driving performance and safety
- the legal and personal consequences of an impaired driving conviction
- ways to avoid drinking and driving.

The program is eight hours in length. It is sometimes offered as a one-day workshop, sometimes as several shorter sessions over

a number of weeks. It includes presentations, exercises, discussions and group work.

### Treatment Program

The treatment program helps you to:

- learn about, and take responsibility for, alcohol and drug use and its consequences
- commit to reducing or stopping problem use of alcohol and drugs
- plan to avoid relapses and make healthier choices
- avoid drinking and driving.

The program is 16 hours in length. It is usually scheduled as several sessions over a number of weeks. It includes discussions, exercises, group work and personal planning.

### Follow-up Interview

If you have received an assessment you must complete a follow-up interview six months after finishing your education or treatment program. The follow-up interview takes about 30 minutes. It is your responsibility to arrange for your follow-up interview, which can be done in person or by telephone. The follow-up interview:

- assesses your success in meeting your goals
- reinforces the strategies for avoiding drinking and driving developed during the program.

## Back on Track: Program Requirements

To pass the program, you must meet the following requirements:

- don't use alcohol or drugs not prescribed by your doctor on any day you participate in the program
- attend all sessions as scheduled and arrive on time
- participate in program activities
- treat others with respect.

If you fail the course or any component, you will have to register and pay the program fee again. This could result in a delay of 11 months in reinstating your driver's licence.

## Some Questions and Answers about Back on Track:

**Q:** How do I register?

**A:** Call 1-888-814-5831.

·You may leave a message with your name and address, and a package will be mailed to you.

·You may ask to have a package faxed to you. You may use the fax-back service by following the prompts.

·You may speak to a staff person, or leave a message for a staff person to call you back.

·You may print the registration package from the our Web site at [www.remedial.net](http://www.remedial.net)

Payment must be made by credit card, certified cheque or money order. You must return your registration information by fax (credit card payment only) or regular mail.

**Q:** When should I register?

**A:** Register early in your suspension period. It can take 11 months to complete all components needed to meet your requirement. All program components must be completed before your licence can be reinstated.

You should allow between 30 and 90 days to schedule each program component. As well, the follow-up interview can only be completed six months after your education or treatment component.

**Q:** What happens if I am convicted of impaired driving but do not attend the Back on Track program?

**A:** At the end of your licence suspension period, your licence will be further suspended.

**Q:** What do I have to do to pass the program?

**A:** You must meet the program requirements. You must also initiate the follow-up interview six months after you complete the education or treatment program.